

Families Matter Parent Link Centre

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June 2019



OUR CENTRE OFFERS...

- Drop-In & Play (0 – 5 yrs)
- Infant Drop In & Play
- Support and Information for all Parents
- Community Resources
- Individualized Support
- Parenting Workshops
- Postpartum Support
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- A Multilingual Community
- Celebrations



Bowness – Parent Link

Closure

During the month of June we will be closed on June 6 & 7 for professional development and on June 28th.

Drop In & Play

Come and explore our centre and join your child(ren) in play. This is a wonderful way to connect with your child “at work”. It also creates an opportunity to connect with other parents, learn about what resources are available in the community and enjoy a cup of coffee or tea. For specific times please look at our calendar.

Infant Drop In & Play - Wednesdays 10:30 – 11:30 am

Do you have a child under 12 months? Join us for Infant Drop In & Play. With childcare is available for older siblings, you will be able to enjoy this one-on-one time with your baby, discuss parenting, learn some songs connect with other parents and community resources.

Evening Drop In & Play

Come and join us for some play **Tuesday's from 4:30 - 6:30 pm**. It is an opportunity to wind down with your child after work, preschool and right before dinner time. Explore and engage with materials and activities in playful and creative way. Each of week our evening Drop In & Play will feature a theme and special activities. This is a wonderful way to connect with your little one by doing something they enjoy the most – playing!

Saturday Drop In and Play

Join us on Saturday June 8th, from 10:00 – 12:00 pm to celebrate Father's Day! Dads, bring your children and together be ready to use some tools and have fun taking apart electronic devices, small house appliances or power tools and figure out how they work. Happy Father's Day!

Celebrations

National Indigenous Peoples Day is June 21st, come and join us on June 17th as we explore this rich culture through some traditional activities of making bannock and art and craft activities.

Ages and Stages Questionnaire Birthdays

We will celebrate all birthdays of the children coming to our centre and are born in April, May and June by filling these easy and informational tool. We will review the questionnaire with you and explore your child's development and the children will enjoy birthday cupcakes.

Parenting Education Classes

Parent Child Mother Goose - Infants Wednesdays June 5 - 26 9:30-10:30 am
Parents and their babies and young children that focuses on the pleasure and development of literacy skill through the use of rhymes, songs, and stories together. Parents gain skills and confidence which can enable them to create positive family patterns during their children's crucial early years, and give their children healthy early experiences with language and communication.

Learn Play Love