

Families Matter Parent Link Centre
Rosemont Family Centre
2807 10th Street NW
403.827.8872



July & Aug 2019



OUR CENTRE OFFERS...

- Drop in and play
- Twins and Triplets Drop-In
- Support and Information for all Parents
- Community Resources
- Papa Bears
- Mandarin Mother Goose
- In-home Support
- Parenting Workshops
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- Celebrations



Rosemont

We are so **EXCITED** for summer!

We are excited about our upcoming summer activities, please check out the calendar for all the special events we have planned. We do have some closures this summer, so please check on the calendar for more information.

5 Benefits of Outdoor Play

1. Builds physically healthier children
2. Contributes to cognitive and social/emotional development
3. Improves sensory skills
4. Increases attention spans
5. Happiness and better immunity

*From the Stanford Health (2019)

With so many great benefits to playing outside please come and join us as we get out and play! Please come prepared for the weather and to be outside. Don't forget your sunscreen, insect repellent and sun hats.

Stampede Breakfast

July 4th

9:00 to 11:45

Come get into the Stampede spirit and join us for some yummy pancakes and fun activities.

Ages and Stages Questionnaires

We are offering this helpful tool for you to learn more about how your child is developing and how to support your child's optimal development. Our staff is available on site to assist you in filling the questionnaire and chat if you have any questions.

Looking for a parenting class?

Please check our website at www.familiesmatter.ca for a list of upcoming classes at all of our locations. Parenting programs are a wonderful way to connect with other parents, learn in a supportive environment.

We wanted to share with you our wonderful pladough recipe:

- 3 cups flour
- ½ cup salt
- 3 tablespoons cream of tartar
- 2 cups boiling water
- ¼ cup oil
- Add kool-aid or food coloring

Janice & Margie wish all our Families a safe and fun summer!
We can't wait to play with you this summer be sure to, come out enjoy beautiful Confederation Park!

Learn Play Love