

April 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chef on NSTEP: Virtual Youth Cooking Class Level 2 – 4-5:30pm	2	3
4	5	6	7	8	9	10 Youth Muay Thai Dunamis Martial Arts Gym 11am-12pm
11	12	13	14	15	16	17 Youth Muay Thai Dunamis Martial Arts Gym 11am-12pm
18	19	20	21	22	23	24 Youth Muay Thai Dunamis Martial Arts Gym 11am-12pm
25	26	27	28	29	30	

All programs come at NO COST to you!

To register for our youth programs, please visit our website www.familiesmatter.ca (youth programs)

Or call 403-205-5194/ 403-205-5180